

Winter 2021 Menu	Monday	Tuesday	Wednesday	Thursday	Friday	Allergens key
Week 1 w/c 11th Jan 01st Feb	(V) Spaghetti with hidden vegatble tomato sauce (1/2) (V) Jacket Potato served with vegetable chilli sin carne (2/9) Crunchy green beans Chocolate cake (1/5/8)	Halal beef burger & chips (1) (V) Spring vegetable Pasty & chips (1/5) Carrot sticks Fresh fruit	Tandoori fish wrap (1/2/6/9) (V) Veggie sausage & mash served with crushed new potatoes & gravy (1/5/8) Crudités Lemon sponge (1,5,8)	Wholemeal pizza topped with pepperoni (1/2/8) (V) Wholemeal Margarita Pizza (1/2/8) Steamed broccoli Fresh fruit	Breaded cod fingers served with new potatoes and homemade ketchup (1,6,8) (V) Macaroni cheese (1/8) Cut vegetables Yoghurt pot (8)	Gluten 1 Celery 2 Peanuts 3 Treenuts 4 Egg 5 Fish 6 Crustacea 7 Dairy 8 Soy 9 Mustard 10 Sesame 11 Lupin 12 Sulphur 13 Molluscs 14
Week 2 w/c 18th Jan 08th Feb	(V) Mild spiced Quorn Thai noodles (1,2,9) (V) Broccoli & cheese potato dipper(1/2/5/8) Steamed broccoli Chocolate and beetroot brownie (1/5/8)	Halal Shepherds pie topped with creamy mashed potatoes (1/2/8) (V) Mumbai potato wraps with minted yoghurt relish (1/2/8/10) Cut cucumber Fresh fruit	Creamy salmon & broccoli pasta (1/6/8) (V) Homemade falafel with hummus & pitta bread (1/5) Crudités Fruit yoghurt pot (8)	Wholemeal pizza topped with spicy beef mince (1/2/8) (V) Wholemeal Margarita Pizza (1/2/8) Carrot sticks Fresh fruit	Breaded fish ciabatta sandwich served with potato wedges (1/6) (V) Vegetable Korma served with basmati rice & garlic flat bread (1/2/8/10) Green beans Cheese and crackers and grapes (1/8)	We avoid knowingly purchasing nuts and nut products. All meat served on a Tuesday will be Halal certified. All fish and fish products will be sustainably sourced.
Week 3 w/c 25th Jan	(V) Veggie Lasagne (1/2/8) (V) Vegetable pakora with mild homemade curry ketchup (2/10) Crunchy green beans White chocolate sponge (1/5/8)	Breaded chicken burger with chips (1/2) (V) Mild spiced lentil & haloumi burger (1,2,5,8) Cut cucumber & tomato Fresh fruit	Mild spiced fish tacos with guacomole (1,6,8) (V) Jamaican style veggie mince pattie with mild spiced ketchup (1/2/10) Crudités Mini doughnut bites (1/5/8)	Wholemeal pizza topped with paprika chicken bites (1/2/8) (V) Wholemeal Margarita Pizza (1/2/8) Cut cucumber Fresh fruit	Classic "Fish & Chips"(1/6) (V) Vegetable sausage roll (1/2/8) Steamed broccoli Chocolate and beetroot brownie (1/5/8)	Local and British grown produce will be given priority whenever seasonally available. Fresh fruit and seasonal salads are served daily.

