

Summer 2023 Menu	Monday	Tuesday	Wednesday	Thursday	Friday	Allergens key
<b>Week 1 w/c</b>	(V) Spaghetti with hidden vegetable tomato sauce (1/2/8)	Halal beef lasagne (1/8)	Fish goujons served with carrot fries & pea, avocado dip (1/6/8)	Home made pizza topped with pepperoni (1/2/8)	Classic "Fish & Chips" (1/6)	Gluten 1 Celery 2 Peanuts 3 Treenuts 4 Egg 5 Fish 6 Crustacea 7 Dairy 8 Soy 9 Mustard 10 Sesame 11 Lupin 12 Sulphur 13 Molluscs 14
<b>5th June</b>	Aubergine (eggplant ) Katsu served with sticky rice & curry sauce (1/2/10)	(V) Mild spiced lentil & haloumi burger served with BBQ sauce (1,2,5,8)	Veggie sausages served with Rosemary gravy & potato & butter carrot mash (1/5/8)	(V)Home made Margarita Pizza (1/2/8)	Veggie 'Hot Dog' served with mild spiced texas beans (1)	
<b>26th June</b>	Cruditees	Crunchy green beans	Steamed broccoli	Mediterranean mixed salad	Cut cucumbers	
<b>17th July</b>	Marble cake (1/5/8)	Fresh fruit	Double chocolate chip cookie (1/5/8)	Fresh fruit	Forest fruit yoghurt (8)	
<b>Week 2 w/c</b>	(V) Quorn & vegetable Korma served with pilaf rice (2,8,10)	Halal Classic Beef burger served with skin on chips & home made ketchup (1)	Penne "Arrabiata" with flaked Cod (1/6)	Home made pizza topped with Ham & Mushrooms (1/2/8)	Peri Peri Breaded Cod with Wedges & Zesty Salad (1/6)	<b>We avoid knowingly purchasing nuts and nut products.</b>
<b>12th June</b>	(V)Singapore noodles (1/5/9)	Toasted cheese, basil & tomato ciabatta sandwich (1/8)	Somali style vegetable samosa with jewelled rice & tomato sauce (1/2)	(V)Home made Margarita Pizza (1/2/8)	(V) Crispy topped Macaroni cheese (1/8)	<b>All meat served on a Tuesday will be Halal certified.</b>
<b>03rd July</b>	Steamed broccoli	Carrots & garden peas	Green medley with mange tout	Mixed vegetables	Chef's salad	<b>All fish and fish products will be sustainably sourced.</b>
	Chocolate & beetroot brownie (1/5/8)	Fresh fruit	Pancakes with chocolate sauce (1/5/8)	Fresh fruit	Blueberry & orange tray bake (1/5/8)	<b>Local and British grown produce will be given priority whenever seasonally available.</b>
<b>Week 3 w/c</b>	Veggie toad in the hole with creamy mashed potatoes (1/5/8)	Halal home made chicken nuggets served with guacomole, salsa & nachos (1/5)	Portuguese creamed cod "Bacalhau com Natas" (1/6/8)	Home made pizza topped with Chilli beef (1/2/8)	Breaded fish fillet served with chips & tartar sauce (1,5,6,8)	
<b>19th June</b>	(V) Butternut squash & spinach curry with garlic flat bread (1/8/10)	Swedish veggie balls with mashed potatoes & creamy gravy (1/2/5/8/9/10)	Veggie sin carne served with rice & peas (2/9)	(V)Home made Margarita Pizza (1/2/8)	Penne served with broccoli pesto (1/8)	
<b>10th July</b>	Green beans	Chef's salad	Steamed broccoli	Vegetable medley	Cut cucumber	<b>Fresh fruit and seasonal salads are served daily.</b>
	Lemon drizzle cake (1/5/8)	Fresh fruit	Home made doughnuts (1/5/8)	Fresh fruit	Fruit yoghurt (8)	

