

Week one

30/10 20/11 11/12 08/01 29/01 26/02 19/03

Monday

Choose a main meal...

Maccaroni Chese
Vegetable Chilli with Wholemeal Rice
Jacket Potato with Vegetable Chilli topping

on the side...

Sweetcorn
Green Beans
for dessert...
Chocolate Crispy
Fresh Fruit or Yoghurt

Tuesday

Choose a main meal...

Pork Sausage with Mashed Potato and Gravy
Veggie Sausage with Mashed Potato and Gravy
Halal Chicken Sausages with Mashed Potato and Gravy
Jacket Potato with Grated Cheese

on the side...

Diced Swede
Baked Beans
for dessert...
Tutti-Frutti Cake and Custard
Fresh Fruit or Yoghurt

Wednesday

Choose a main meal...

Roasts Beef with Roast Potatoes and Gravy
Roast Quorn with Roast Potatoes and Gravy
Halal Roast Beef with Roast Potatoes and Gravy
Jacket Potato with Tuna Mayonnaise

on the side...

Cabbage
Sliced Carrot
for dessert...
Muller Yoghurt
Fresh Fruit or Yoghurt

Thursday

Choose a main meal...

Chilli Con Carne with Wholemeal Rice
Stone Bake Pizza
Halal Chilli Con Carne with Wholemeal Rice
Jacket Potato with Coleslaw and Cheese

on the side...

Broccoli
Baked Beans
for dessert...
Carrot Cake
Peaches and Custard

Friday

Choose a main meal...

Golden Fish Fingers with Mashed Potato
Vegetarian Nuggets with Mashed Potato
Jacket Potato with Baked Beans

on the side...

Green Peas
Sweetcorn
for dessert...
Apple Cracknell
Fresh Fruit or Yoghurt

Week two

06/11 27/11 18/12 15/01 05/02 05/03 26/03

Choose a main meal...

Stone Baked Pizza
Boston Bean Casserole with Wholemeal Rice
Jacket Potato with Boston Bean Topping

on the side...

Baby Carrots
Green Beans
for dessert...
Chocolate Brownie
Fresh Fruit or Yoghurt

Choose a main meal...

Chicken and Tomato Pasta
Creamy Tomato and Vegetable Pasta
Halal Chicken and Tomato Pasta
Jacket Potato with Grated Cheese

on the side...

Sweetcorn
Broccoli
for dessert...
Peach Crumble with Custard
Fresh Fruit or Yoghurt

Choose a main meal...

Roast Pork with Roast Potatoes and Gravy
Potato and Vegetable Frittata
Halal Roast Chicken with Roast Potatoes and Gravy
Jacket Potato with Tuna Mayonnaise

on the side...

Cauliflower
Sliced Carrot
for dessert...
St Clement Cookie
Fresh Fruit or Yoghurt

Choose a main meal...

Cottage Pie
Vegetarian Shepherdess Pie
Halal Beef Cottage Pie
Jacket Potato with Baked Beans

on the side...

Cabbage
Sweetcorn
for dessert...
Muller Yoghurt
Fresh Fruit or Yoghurt

Choose a main meal...

Battered Fish with Jacket Wedges
Mexican Veg and Bean Burrito
Jacket Potato with Coleslaw and Cheese

on the side...

Garden Peas
Baked Beans
for dessert...
Orange and Chocolate Cake
Fresh Fruit or Yoghurt

Week three

13/11 04/12 01/01 22/01 19/02 12/03

Choose a main meal...

Wholemeal Pasta Bolognaise
Tomato, Vegetable Herby Pasta
Halal Beef Bolognaise with Wholemeal Pasta
Jacket Potato with Baked Beans

on the side...

Sweetcorn
Peas
for dessert...
Individual Muller Yoghurt
Fresh Fruit or Yoghurt

Choose a main meal...

Stone Bake Pizza
Cowboy Pie
Jacket Potato with Cheese

on the side...

Baked Beans
Green Beans
for dessert...
Apple Crumble with Custard
Fresh Fruit or Yoghurt

Choose a main meal...

Roast Turkey with Roast Potatoes and Gravy
Quorn Frankfurter with Roast Potatoes and Gravy
Halal Roast Turkey with Roast Potatoes and Gravy
Jacket Potato with Salmon Mayonnaise

on the side...

Cabbage
Sweetcorn
for dessert...
St Clements Cookie
Fresh Fruit or Yoghurt

Choose a main meal...

Beef Burger in a Bun with Potato Wedges and Ketchup
Crispy Vegetable Burger in a Bun with Potato Wedges and Ketchup
Halal Beef Burger in a Bun with Potato Wedges and Ketchup

on the side...

Beans
Baby Carrots
for dessert...
Rice Pudding with Pineapple
Fresh Fruit or Yoghurt

Choose a main meal...

Jacket Potato with Coleslaw and Cheese
Fish Fingers with Mashed Potato
Sweet Potato and Squash Stew with Wholemeal Rice
Jacket Potato with Baked Beans

on the side...

Peas
Sliced Carrot
for dessert...
Chocolate Sponge with Pears
Fresh Fruit or Yoghurt

Our chicken and milk are Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

All our bananas are FAIRTRADE



We have a fresh salad bar available daily
All of our bread is baked fresh every day



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

Chartwells EAT LEARN LIVE